RETREAT



The Edgewalkers Retreat

Risk Being Seen and Heard

A retreat for those ready to go ALL IN on your soul's call.

You're on the edge of something. Are you ready to cross the threshold? This retreat is about visibility, and re/commitment to taking action, on a deep essence level. What did your soul come here to do? Where are you still holding back your gifts, passions, and expertise? How exhilarating could it feel to use ALL of your gifts in your life and work?

Melodee and Cara will hold sacred space for a journey that includes the mind, body, and spirit and will leave you with practical words and images to take your work to the next level. You'll be guided through group inquiry, story-telling, meditation/breathwork, writing, deep inner listening, connecting with the natural world in a sacred way, and being witnessed by the camera. When you connect to your essence and meet it with a deep committed YES, Universal support will flood in to help you in taking action. New and unexpected possibilities emerge from there!

June 28 - July 1 Joshua Tree, CA

Led by Cara Jones and Melodee Solomon

You will walk away from this one-of-a-kind experience with:

- A new written story of who you are and the work you are here to do that can serve as the heartbeat of your About page, future talks and workshops (including opportunities for 1-1 time with Cara).
- Photographs of you that reflect your essence back to you and the world (1-1 time with Melodee and her camera + 10 images and option to purchase more).
- Deeper, embodied, confidence and courage to do the work you came here to do.
- Connections with fellow travelers who are here for the deep work and don't take things too seriously you might just leave with new lifelong friendships!

Meet Your Facilitators

Cara is a former Emmy award-winning journalist turned storyteller and guide. Deep, cheesy and awkward are her superpowers. She brings a twenty-five year career in journalism, filmmaking and coaching to this work including trauma-informed study and somatic practice. Cara will support you in unearthing your unique wisdom and telling the room-shaking stories that will move and magnetize your right fit people.



Melodee is a professional photographer, breathwork teacher/ trainer, healer, and works with the Earth in a sacred way in all her work. She studies formally and frequently with indigenous teachers in the Southwest and holds the title of a Spiritual Elder at 40 years old. Melodee will support you in striving to be the best that you can be with your gifts, will bring out the glow of your essence to be felt through the camera, and will make sure you have a good time doing so!



Cactus Moon

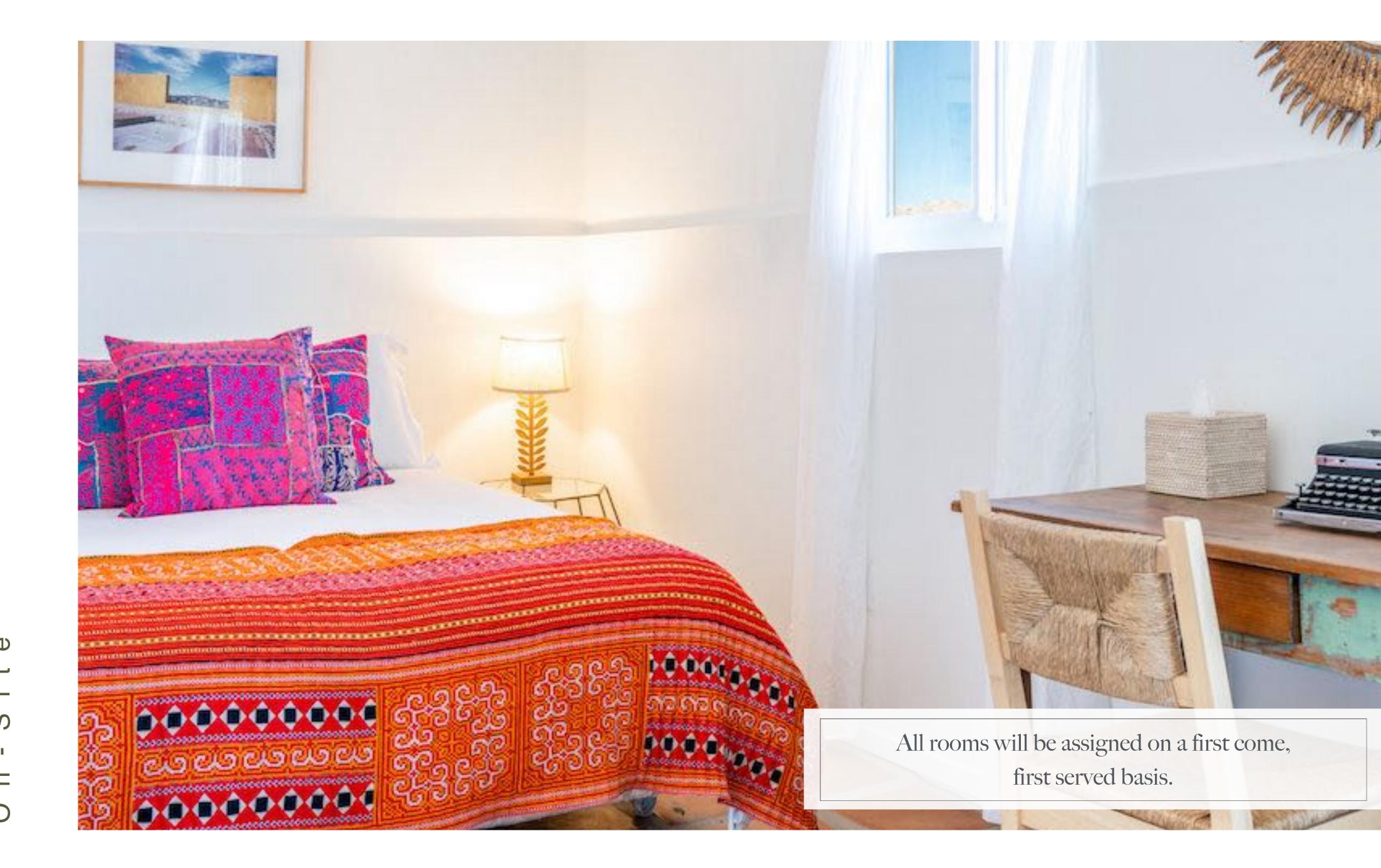
We'll be on two and a half acres of land in the high-desert, surrounded by mountain ranges, and a wide open sky. We'll be located in Yucca Valley, just about 20 minutes from the West Entrance of Joshua Tree National Park. This is a perfect retreat space to recharge and work with the desert energy as our muse.

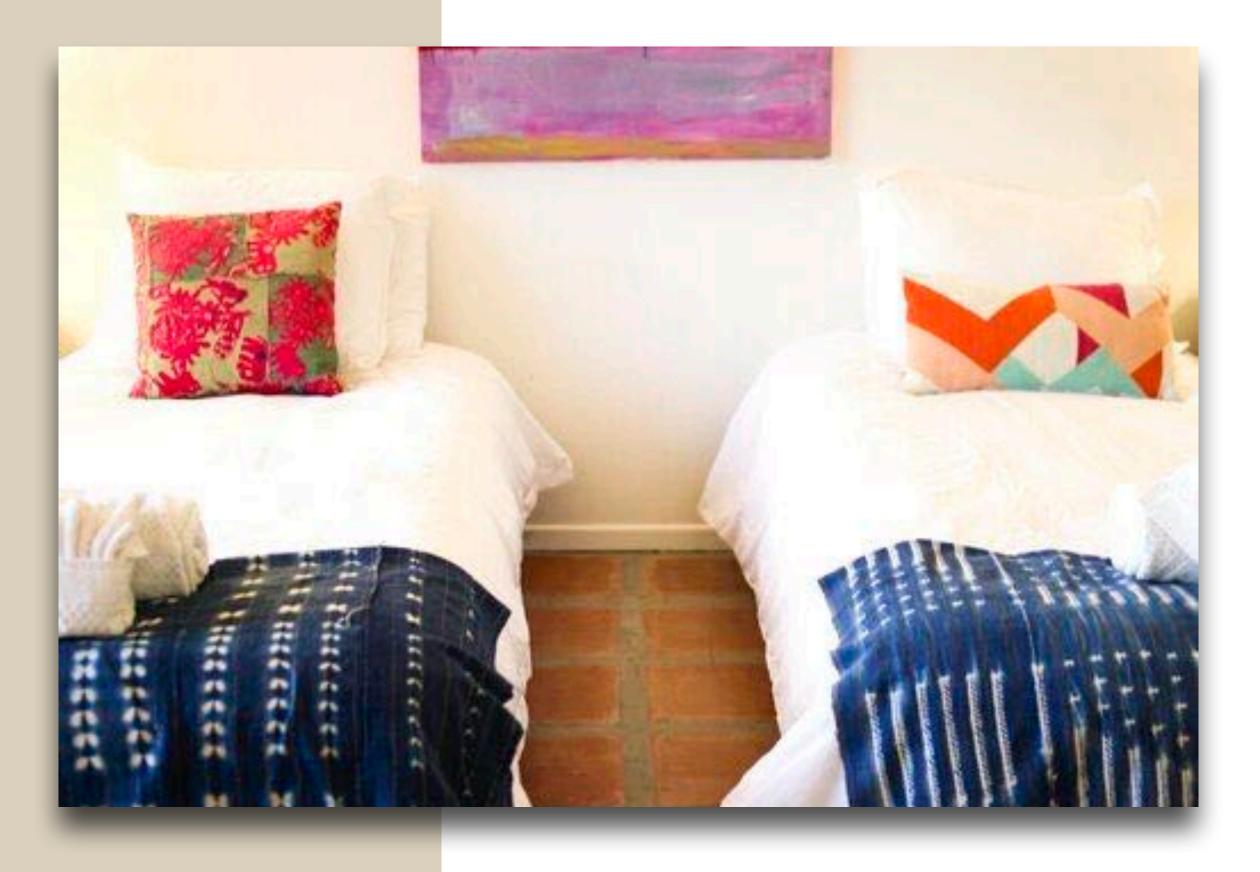
There is a swimming pool, so pack a bathing suit or swimming trunks if you'd like to take a dip!

You'll have the option to stay on-site in one of the six bedrooms, or you can also find your own Airbnb close by.

Meals will be provided to all participants, whether you are staying on or off site.

You can find more info. about Cactus Moon HERE





- Shared bathroom
- Shared bedroom

TWIN BED: \$2500

PURCHASE (IN FULL)

50% DEPOSIT

By submitting payment, you are agreeing to these <u>TERMS</u>

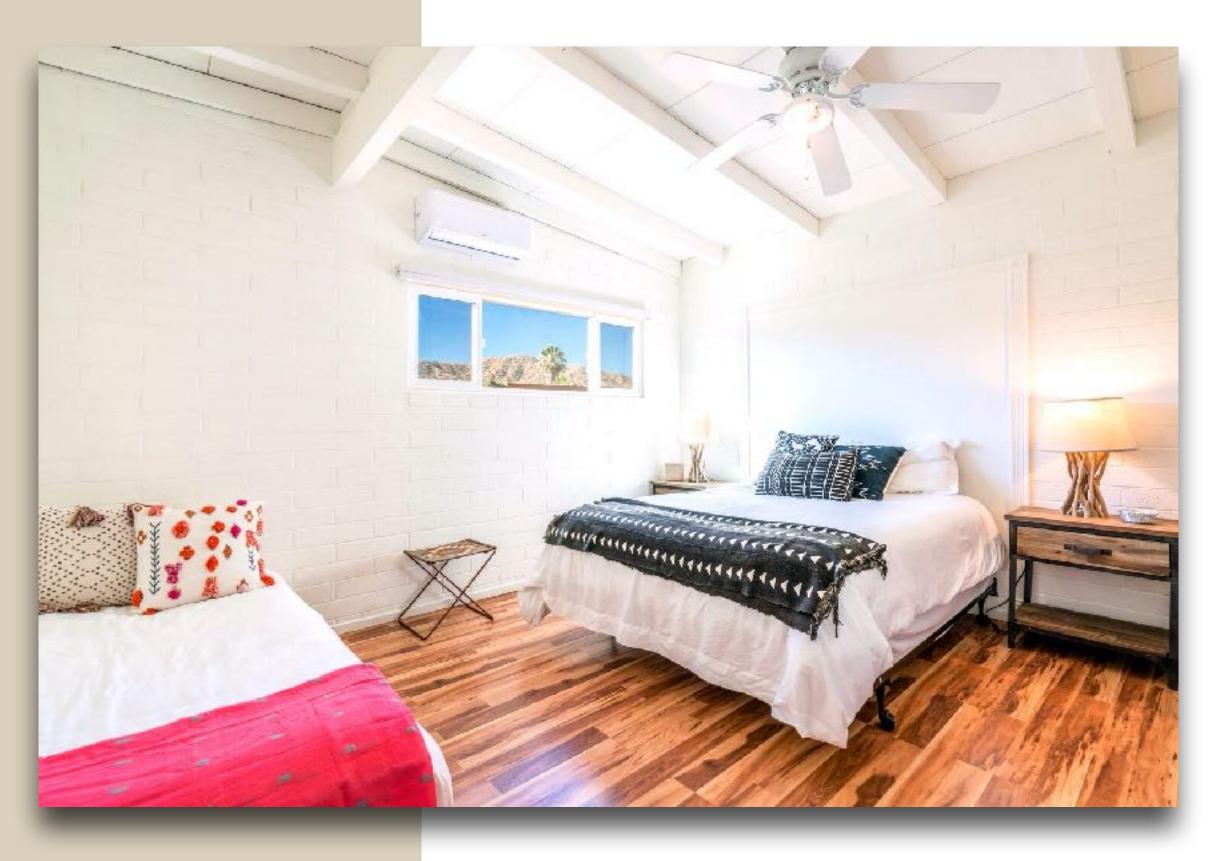
TWIN BED: \$2500

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(SINGLE OCCUPANCY RATES AVAILABLE UPON REQUEST)



- Shared bathroom
- Shared bedroom

QUEEN BED: \$2600 (SOLD)

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TWIN ROLL AWAY BED: \$2400

PURCHASE (IN FULL)

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50% DEPOSIT

- Shared bathroom
- Shared bedroom

50% DEPOSIT

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OFF-SITE



- Includes meals
- You book your own lodging at a nearby Airbnb

RETREAT ONLY: \$1600

PURCHASE (IN FULL)

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• What if I want to stay off site?

If you'd like to find your own place that's not a problem. You can search on Airbnb to find accommodations that suit you. Here is the address of where we'll be: 7964 Inca Trl Yucca Valley, CA

- Are meals included? What if I have dietary restrictions?
 - Yes! Meals are included for everyone (on and offsite). We will be offering a simple breakfast and a chef will be providing lunch and dinner. Meals will include vegetarian and meat options. Please let us know of any further dietary restrictions and we will do our best to accommodate!
- How will the rooms be assigned?

First come first served. For people sharing rooms that don't know each other, we'll do our best to find the right fit.

• What's the nearest airport?

Palm Springs International Airport (PSP) is about a 40 min drive away from Cactus Moon Retreat. Ontario International Airport is an hour and a half. Both have rental cars options (you'll need to rent a car or carpool with another attendee). One month before the retreat, we'll put out a list for everyone to enter their flight info. to create carpool options.

- What are the start and end times of the retreat?
 - The retreat will start at 6:00pm on June 28th, and end by 12:00pm noon on July 1st.
- What do I get with my photo shoot?

You get a 15-20 min. mini photo shoot with Melodee on the property. You'll get 10 digital edited images (photoshop and airbrushing not included). Images will be emailed to you via DropBox within two weeks of retreat completion date.

• Will there be a chance for feedback on my writing/story?

Yes. There will be opportunities to meet with Cara 1-1 to get input on your writing/story while photo shoots are happening.